



## Race-day Checklist

### On Shore

1. Course chart
2. Paddle, anchor, life jacket
3. Stop watch
4. Protest flag
5. Check tide tables
6. Check official notice board

### Before 10 Minute Signal

1. Sail upwind to check adjustments:
  - a. Mast bend sideways, fore & aft
  - b. Outhaul
  - c. Downhaul (main & jib)
  - d. Jib leads and trim
2. Sail one weather leg before starting:
  - a. Check for wind shifts in wind bends
  - b. Look for flags that might help in finding wind shifts
  - c. Determine current in racing area

### Inside 10 Minute Sequence

1. Find windward mark
2. Check for kelp or weed on rudder & board
3. Find favored end of line
4. Decide favored tack at start
5. Check all adjustments one more time. (Better to be a little loose than too tight on cunningham and jib cloth.)
6. Sail by Race Committee boat for five minute signal
7. Check course
8. Recheck starting line and wind direction
9. Estimate aggressiveness of fleet
10. Check rudder and board again for kelp or weed
11. Start first and stay first