SAILING SKILL REVIEW CHECKLIST

Break out this list from time to time to make sure you're on top of these lessoften-used skills so you can perform them without flaw when the need arises.

□ **MAN OVERBOARD:** Practice with a few different skippers and in different conditions. Drop a lifejacket as the overboard sailor.

STEERING WITH THE SAILS: A good skill if you need to check your balance, but even more important if you lose your rudder.

□ **HEADSAIL CHANGE:** Practice a straight-line and a tack change for good measure. Even better, practice in different conditions.

DEPOWERING: Every boat is set up differently. Make sure you and your crew know the best way to depower your particular boat.

PUT IN A REEF: Assign roles and make sure everyone knows the process. This is even more important when communication is limited in rougher conditions.

CHECK SETTINGS: Make sure your marked settings (halyards, jib cars, etc.) are still accurate and adjust as needed.

MOORING & ANCHORING: Have various crew practice at the helm. Even if you trailor sail, this skill is important.

• **CHECK THE RIG TUNE:** If you don't tune your rig for each event or trip, make sure you check it throughout the season and adjust as needed.

Have questions or need help? Visit QuantumSails.com to find your local loft.



OTHER IMPORTANT SKILLS

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